

GIRLS ACTION FOUNDATION

SUPPORT IS
ESSENTIAL



Activities including:

- *Art Therapy Groups*
- *Circles for support & creative sharing*
- *Self-care Baskets*
- *Zine making workshop*

A mental health project for (QT)BIPOC



2SLGBTQ+ Resources in Tio'tià:ke

Peer Support & Activism



Action Santé Travesti(e)s &
Transsexuel(le)s du Québec

Peer support,
advocacy, education,
outreach, community
empowerment and
mobilization.

www.astteq.org

Listening, intervention
and awareness services,
for the well-being of
people concerned with
sexual diversity and
gender plurality.

www.interligne.co/



Aide aux Trans
du Québec

Weekly support groups to
talk with other individuals
who are either transitioning
or questioning their gender
identity. It is a great way to
expand the support network
for trans-identifying people.

<https://atq1980.org/>

2SLGBTQ+ Resources in Tio'tià:ke

Communities



Services are primarily focused on LGBTQIA+ youth ages 14-30 to support their growth in relation to their sexual orientation, gender identity, gender expression and sexuality.

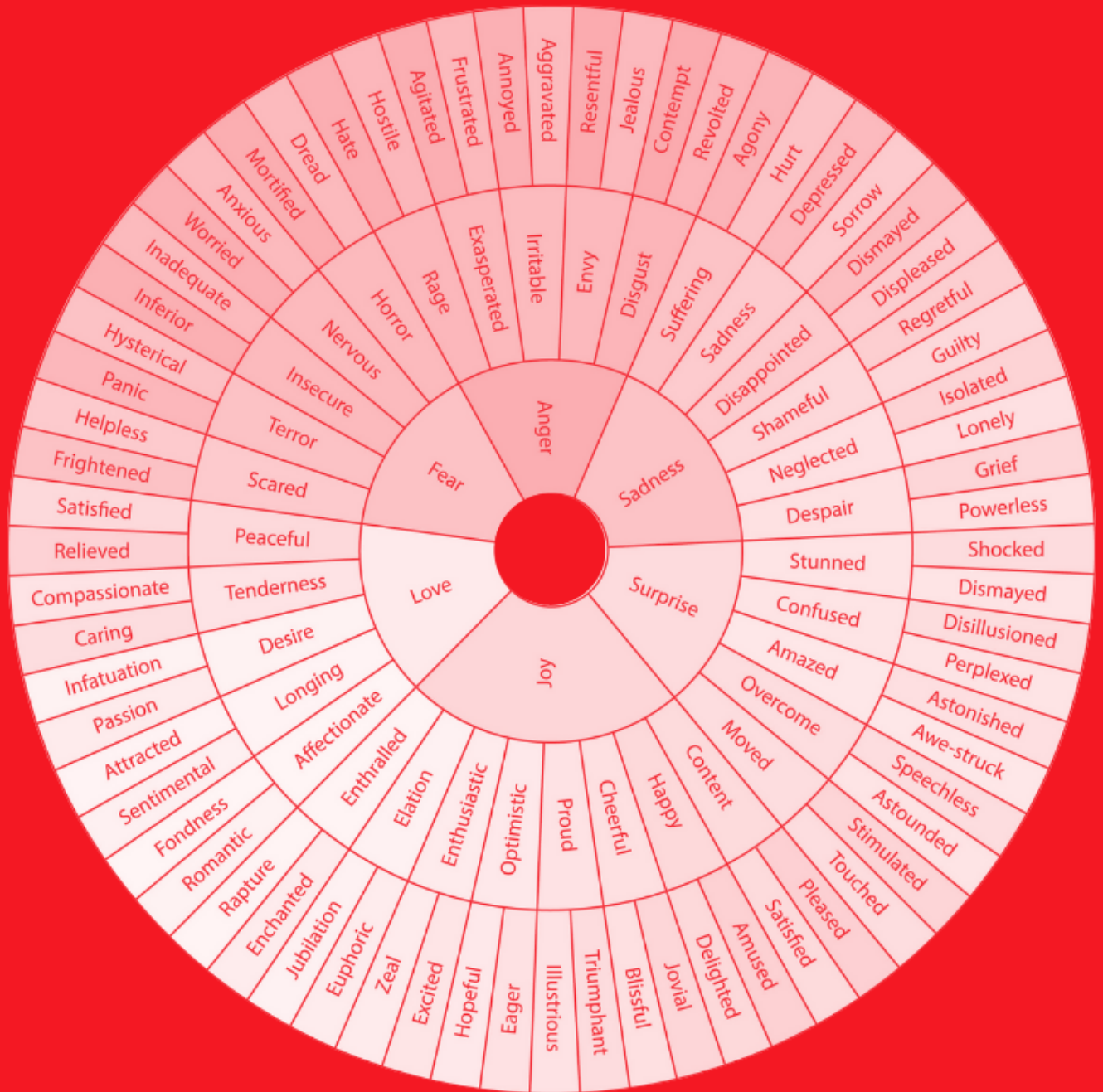


<https://ccglm.org/jeunesse-engagee/>

A free program that brings together, educates, supports and strengthens young people (15-30) interested in LGBTQ+ and/or anti-racist causes.



A non-commercial and bilingual safe(r) space in the Gay Village for 2SLGBTQIA+ youth (14-35 YO). Offers access, to information, services and various activities as well as peer support.





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